

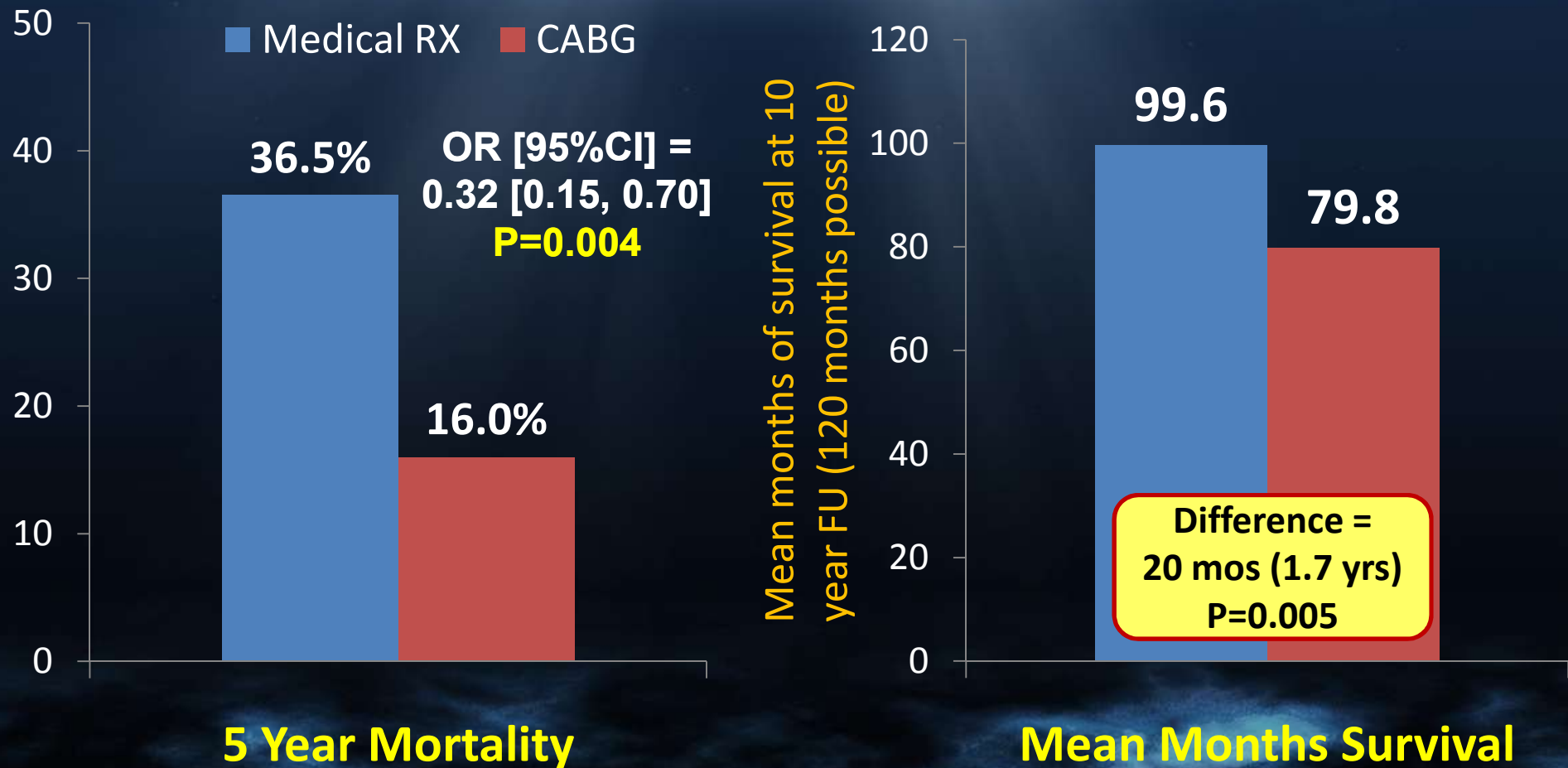
# Motivation, Objective and Implication of **EXCEL** Study

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The Cardiovascular Research Foundation

# CABG vs. Medical Therapy in LM Ds.

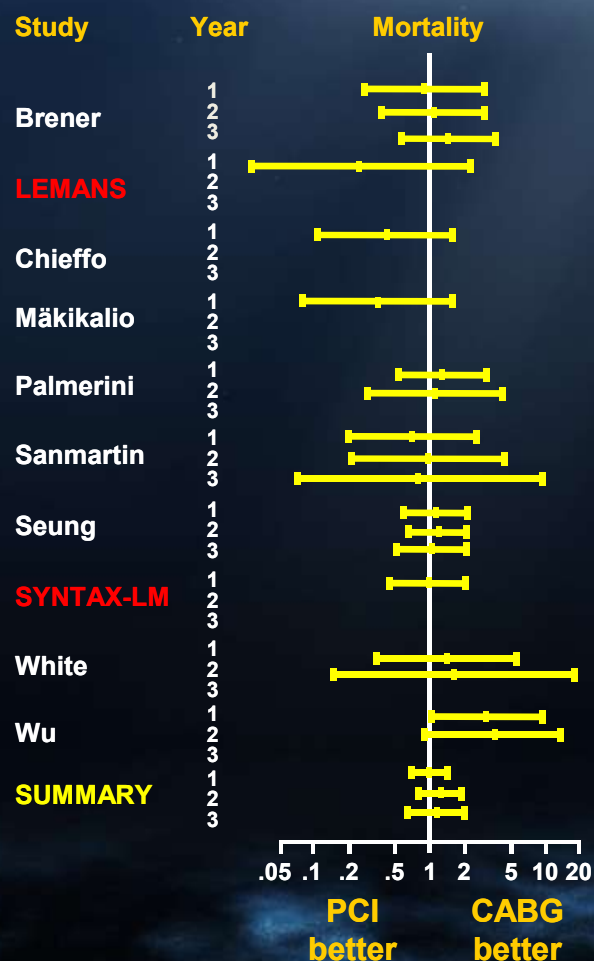
175 pts with left main disease were randomized to CABG vs. medical therapy in 2 studies (VA and EU)



# Meta-analysis of PCI vs. CABG for LM Ds.

**10 studies** (2 RCTs, 8 observational [7 matched or adjusted])

**N=3,773 pts** (2,114 CABG and 1,659 PCI [78.7% DES])



## OR [95%CI] for mortality at each year

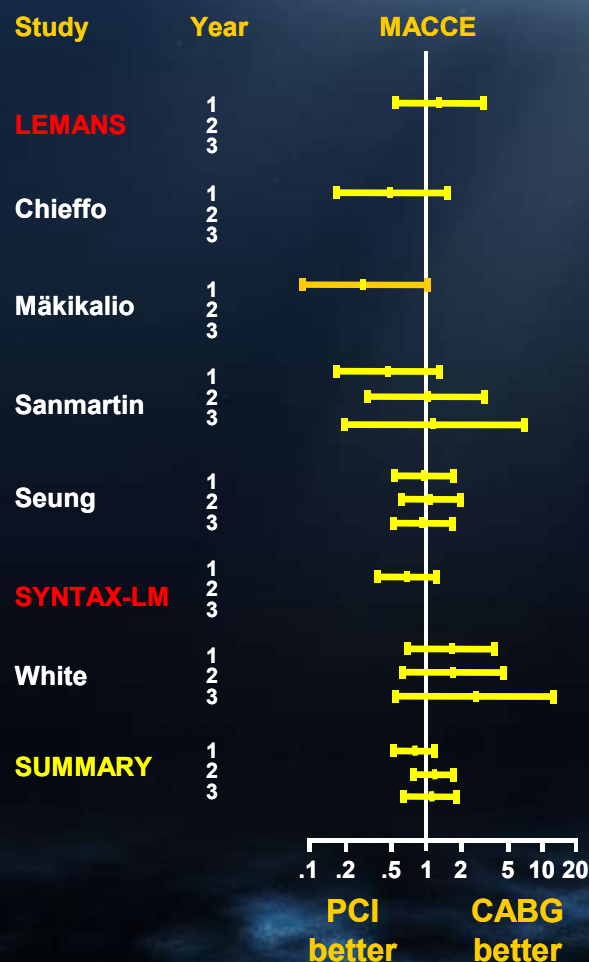
	Year 1	Year 2	Year 3
Random effects	1.00 [0.70-1.41]	1.27 [0.83-1.94]	1.11 [0.66-1.86]
Fixed effects	0.97 [0.71-1.33]	1.28 [0.84-1.94]	1.11 [0.66-1.85]
Heterogeneity	P=0.38	P=0.77	P=0.81

Year 1: 1,393 PCI pts and 1,932 CABG pts;  
 Year 2: 528 PCI pts and 890 CABG pts;  
 Year 3: 263 PCI pts and 578 CABG pts.

# Meta-analysis of PCI vs. CABG for LM Ds.

**10 studies** (2 RCTs, 8 observational [7 matched or adjusted])

**N=3,773 pts** (2,114 CABG and 1,659 PCI [78.7% DES])



## OR [95%CI] for D/CVA/MI at each year

	Year 1	Year 2	Year 3
Random effects	0.84 [0.57-1.22]	1.25 [0.81-1.94]	1.16 [0.68-1.98]
Fixed effects	0.82 [0.62-1.09]	1.25 [0.81-1.94]	1.16 [0.68-1.96]
Heterogeneity	P=0.18	P=0.70	P=0.48

Year 1: 1,239 PCI pts and 1,614 CABG pts;

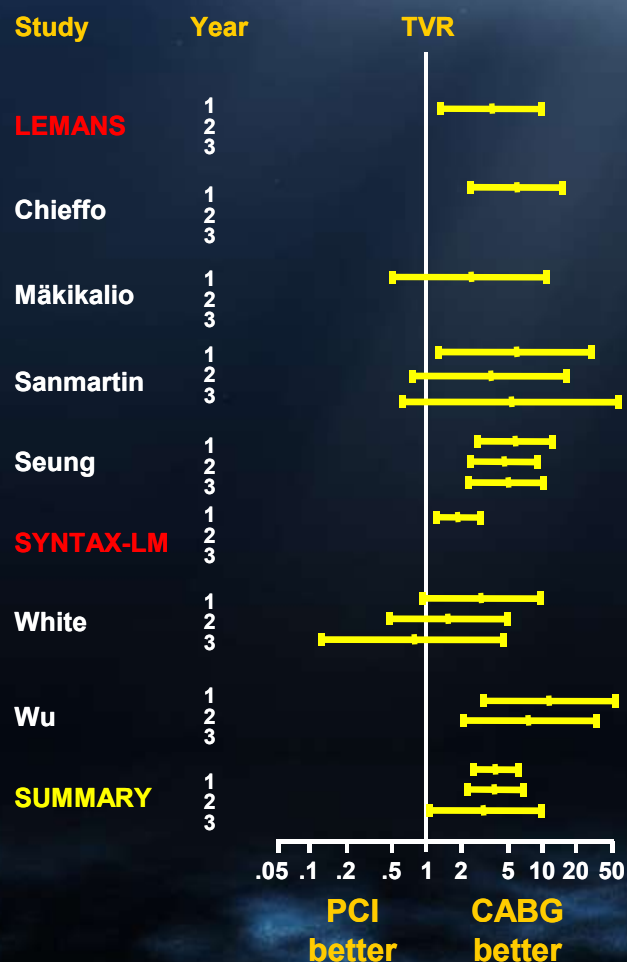
Year 2: 432 PCI pts and 652 CABG pts;

Year 3: 236 PCI pts and 451 CABG pts.

# Meta-analysis of PCI vs. CABG for LM Ds.

**10 studies** (2 RCTs, 8 observational [7 matched or adjusted])

**N=3,773 pts** (2,114 CABG and 1,659 PCI [78.7% DES])



## OR [95%CI] for TVR at each year

	Year 1	Year 2	Year 3
Random effects	4.36 [2.60-7.32]	4.20 [2.21-7.97]	3.30 [0.96-11.33]
Fixed effects	3.84 [2.77-5.33]	4.35 [2.54-7.44]	4.01 [2.01-7.98]
Heterogeneity	P=0.38	P=0.38	P=0.38

Year 1: 1,240 PCI pts and 1,692 CABG pts;  
 Year 2: 417 PCI pts and 699 CABG pts;  
 Year 3: 211 PCI pts and 447 CABG pts.



# SYNTAX Eligible Patients



*De novo* disease (n=1 800)

## Limited Exclusion Criteria

- Previous interventions
- Acute MI with CPK > 2x
- Concomitant cardiac surgery

Left Main Disease  
(isolated, +1, +2 or +3 vessels)

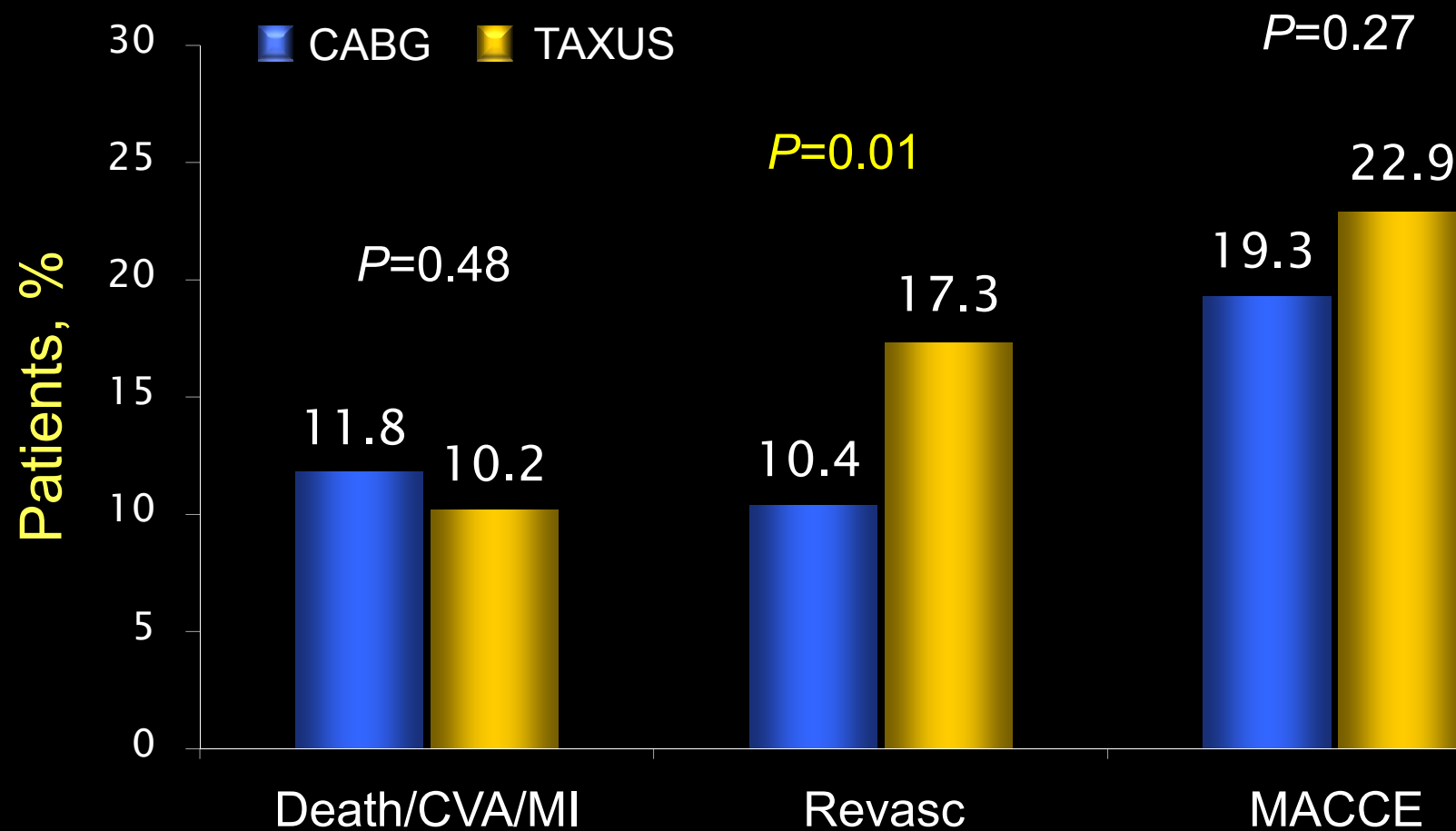
**N=705**

3 Vessel Disease  
(revasc all 3 vascular territories)

**N=1 095**

Primary endpoint = death/MI/stroke/repeat revasc at 1 year

# SYNTAX: 2 Year Outcomes in the LM Subgroup (N=705)

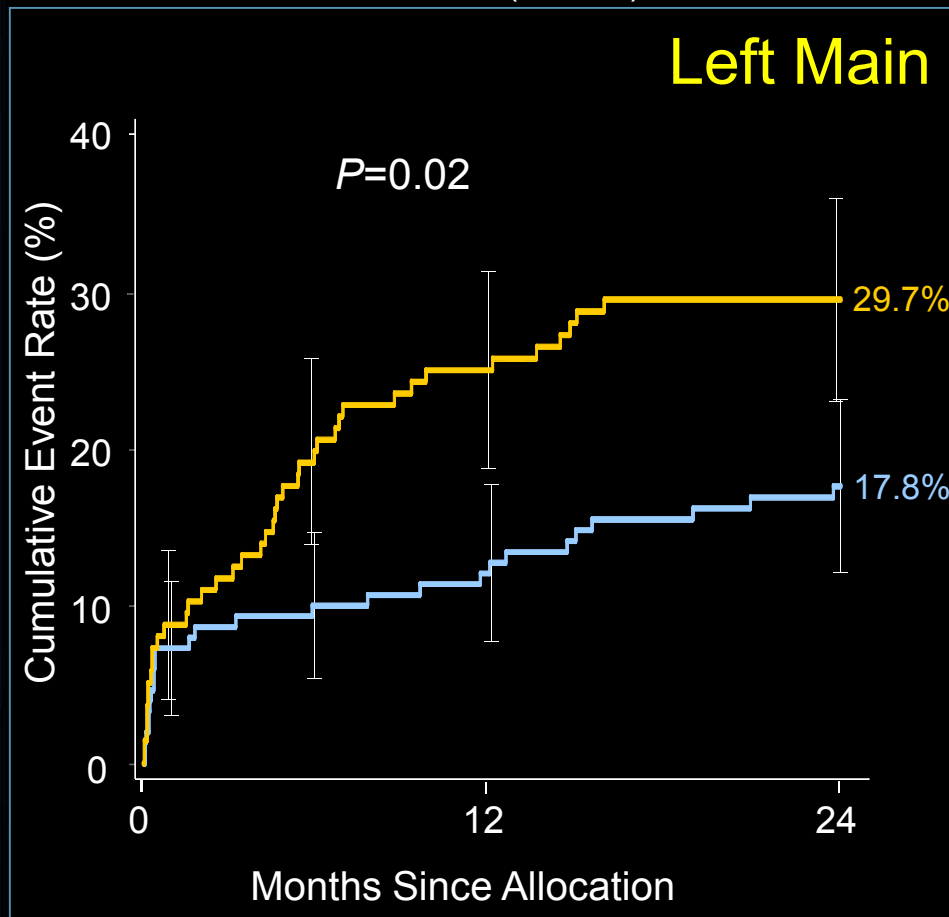


# MACCE to 2 Years by SYNTAX Score Tercile

*Left Main SYNTAX Score  $\geq 33$*



■ CABG (N=149)  
■ TAXUS (N=135)



	CABG	PCI	P-value
Death	4.1%	10.4%	0.04
CVA	4.2%	0.8%	0.08
MI	6.1%	8.4%	0.48
Death, CVA or MI	11.5%	15.6%	0.32
Revasc.	9.2%	21.8%	0.003

Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank  $P$  value

Site-reported data; ITT population

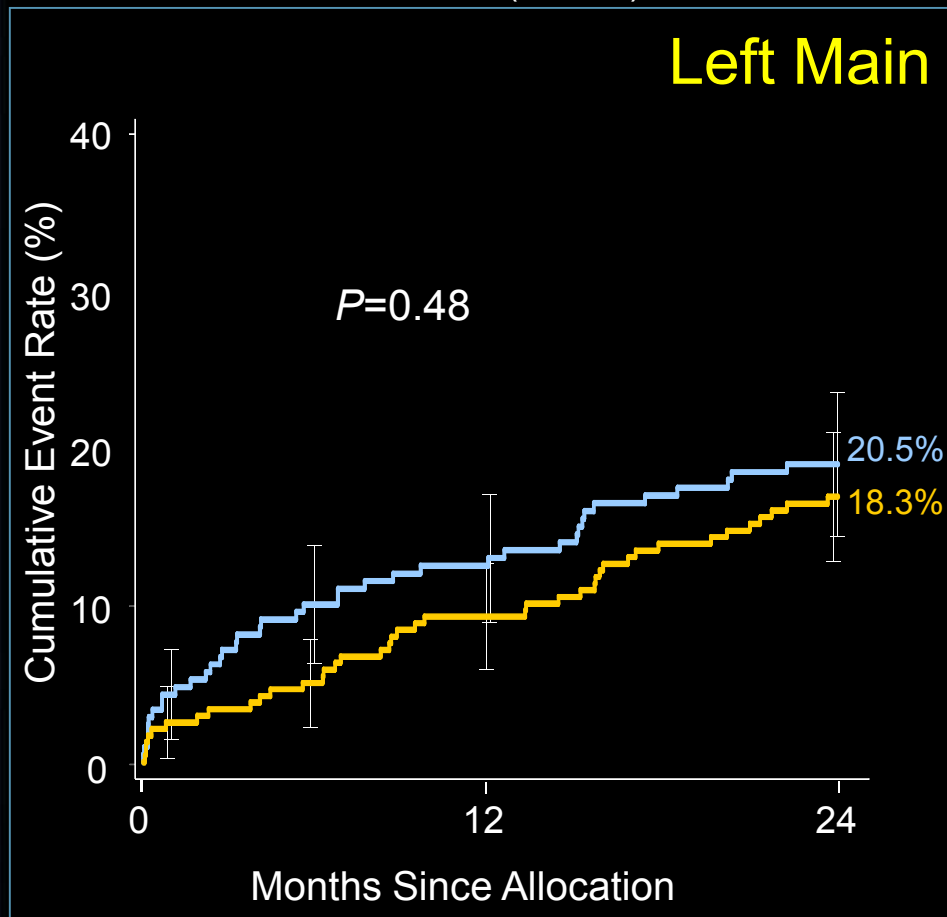


# MACCE to 2 Years by SYNTAX Score Tercile

*Left Main SYNTAX Scores 0-32*



■ CABG (N=196)  
■ TAXUS (N=221)



	CABG	PCI	$P$ -value
Death	7.9%	2.7%	0.02
CVA	3.3%	0.9%	0.09
MI	2.6%	3.8%	0.59
Death, CVA or MI	12.1%	6.9%	0.06
Revasc.	11.4%	14.3%	0.44

Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank  $P$  value

Site-reported Data; ITT population

# ACC/AHA Guidelines Post SYNTAX

IIb



Stenting of the LMCA as an alternative to CABG may be considered in pts with anatomic conditions that are associated with a **low risk of PCI procedural complications** and clinical conditions that predict an **increased risk of adverse surgical outcomes**

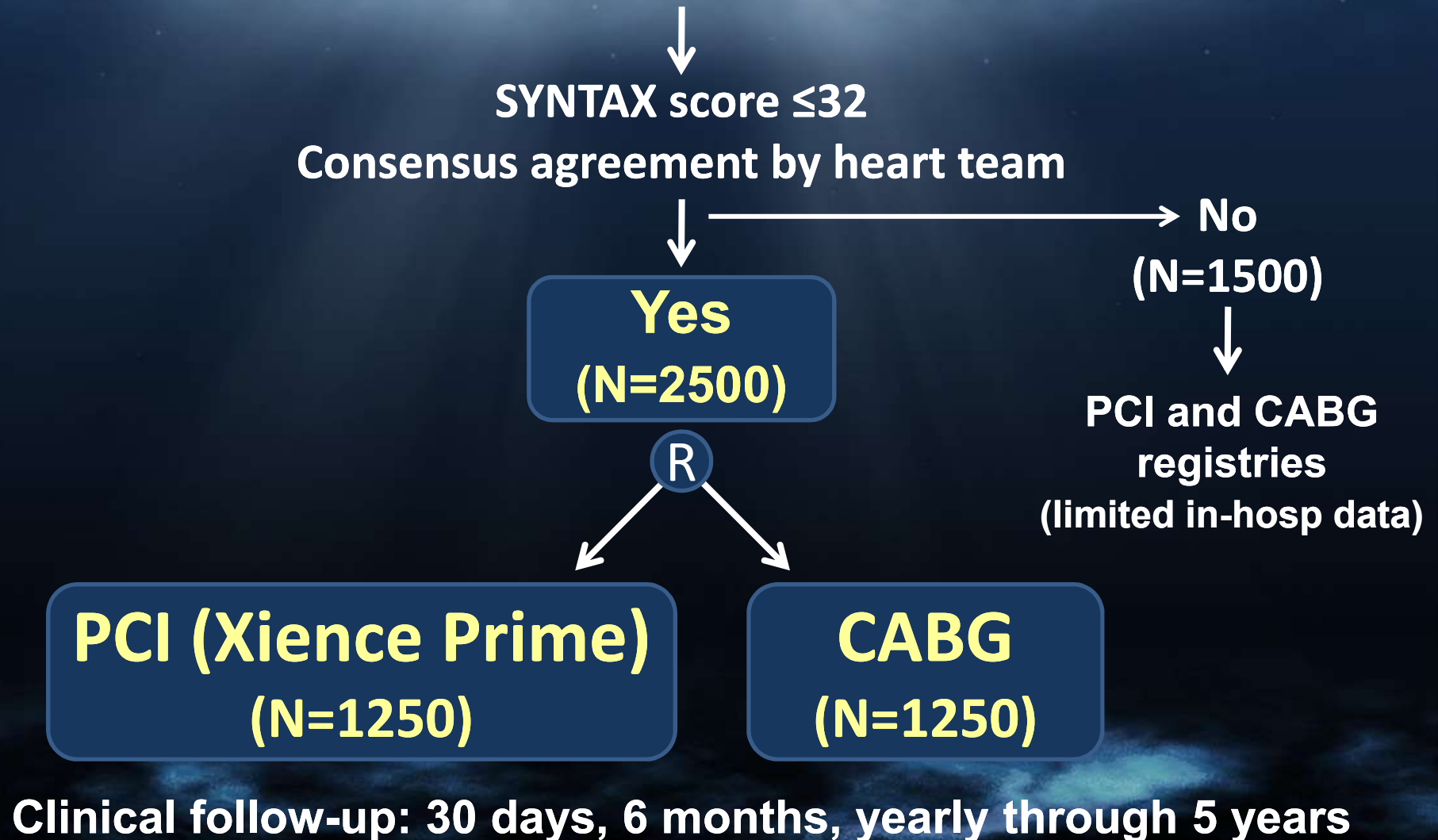
IIb = “may or might be considered; may or might be reasonable; usefulness/effectiveness is unknown/unclear/uncertain or not well established”

# ***What Would an Informative Trial of Left Main DES vs. CABG Look Like?***

- It wouldn't be an all-comers trial!
  - Exclude pts who clearly should go to CABG, e.g. high SYNTAX scores
- Optimize PCI technique
  - Pre-specify when/how to use IVUS, staged procedures, RX of distal bifurcation, no routine angio FU, etc.
  - Use the best stent and adjunctive pharmacology
- Optimize CABG technique
  - Minimize waiting time to CABG, maximize pan-arterial revascularization, adjunctive pharmacology, etc.
- Use a meaningful 1<sup>o</sup> endpoint: Death, CVA or MI
- ~2500 randomized pts

# ***EXCEL: Study Design***

**4000 pts with left main disease**



# ***EXCEL: Inclusion Criteria***

- Significant LM ds. by heart team consensus
  - Angiographic DS  $\geq 70\%$ , or
  - Angiographic DS  $\geq 50\%$  to  $< 70\%$  with
    - a markedly positive noninvasive study, and/or
    - IVUS MLA  $< 6.0 \text{ mm}^2$ , and/or
    - FFR  $< 0.80$
- Clinical and anatomic eligibility for both PCI and CABG by heart team consensus
- Silent ischemia, stable angina, unstable angina or recent MI

# ***EXCEL: Clinical Exclusion Criteria***

- Prior PCI within 1 year, or prior LM PCI anytime
- Prior CABG anytime
- Need for any cardiac surgery other than CABG
- Additional surgery required within 1 year
- Unable to tolerate, obtain or comply with dual antiplatelet therapy for 1 year
- Non cardiac co-morbidities with life expectancy < 3 years
- Clinical equipoise not present



# ***EXCEL*: Angiographic Exclusion Criteria**

- Left main DS <50% (visually assessed)
- SYNTAX score  $\geq 33$
- Left main RVD <2.25 mm or >4.5 mm

# ***EXCEL: Use of XIENCE Prime***



**Enhanced stent  
New SDS**

- More flexible and deliverable
- Shorter balloon tapers
- Higher RBP

# ***EXCEL: Endpoints***

- Primary endpoint: Death, MI, or stroke at median follow-up of 3 years
- Major secondary endpoint: Death, MI, stroke or unplanned revascularization at median follow-up of 3 years
  - ❖ Power analysis: Both endpoints are powered for sequential noninferiority and superiority testing
- Quality of life and cost-effectiveness assessments: At regular intervals

# ***EXCEL: Organization (i)***

Academically driven study; 50% interventionalists, 50% cardiac surgeons

- **Principal Investigators:**

- Interventional: Patrick W. Serruys, Gregg W. Stone
- Surgical: A. Pieter Kappetein, Joseph F. Sabik

- **Executive Operations Committee:**

- 4 principal investigators, Peter-Paul Kint, Martin B. Leon, Alexandra Lansky, Roxana Mehran, Marie-Angèle Morel, Chuck Simonton, David Taggart, Lynn Vandertie, Gerrit-Anne van Es, Jessie Coe, Poornima Sood, Ali Akavand, Krishnankutty Sudhir, Thomas Engels

- **Optimal Therapy Committee Chairs**

- PCI: Martin B. Leon
- Surgery: David Taggart
- Medical: Bernard Gersh

# ***EXCEL: Organization (ii)***

- **Countries and Country Leaders (PCI and CABG)**
  - United States: David Kandzari and John Puskas
  - Europe (10): Marie-Claude Morice and David Taggart
  - Brazil: Alex Abizaid and Luis Carlos Bento Sousa
  - Argentina: Jorge Belardi and Daniel Navia
  - Canada: Erick Schampaert and Marc Ruel
  - S. Korea: Seung-Jung Park and Jay-Won Lee
- **Statistical Committee**
  - Stuart Pocock, Chair
- **Data Safety and Monitoring Board**
  - Lars Wallentin, Chair
- **Academic Research Organizations**
  - Cardiovascular Research Foundation and Cardialysis
- **Sponsor: Abbott Vascular**



## ***EXCEL: Status***

- After 12 months of preparation the protocol is finalized
- The site selection process is underway
- FDA meetings and global regulatory submissions are being prepared
- First patient enrolled: 3<sup>rd</sup> Quarter 2010



FOR MORE INFORMATION, PLEASE VISIT  
[www.tctconference.com](http://www.tctconference.com)



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